

Spiritual Disciplines for the Christian Life  
Follow-Up Questions for Chapter 2 – Putting it into Practice

**I. Listening:**

- A. Group Assignment – If you can attend church this coming Sunday, LISTEN to the comments made during the Breaking of Bread service and/or the Family Bible Hour message and come prepared to share one point which you heard to and were encouraged.
  
- B. Individual Assignment - Find one other way, beside the Sunday services, to LISTEN to God's Word and come ready to share what you LISTENED to, what you learned from LISTENING and how you ensured you were a good LISTENER.

**II. Reading:**

Individual Assignment - Come prepared to share what you READ from the Bible this week, how you were encouraged by what you READ, and the plan you are using to READ the Bible. If you don't have a specific plan for READING the Bible, find one you might want to try and share it.

**III. Study:**

Group Assignment – STUDY James 1:19-25 this week and come ready to share what you learned from it. When you sit down to STUDY this section ask God to reveal something from it you had never considered before. Also, be ready to share how you STUDIED it.

**IV. Making it Stick/Take on the Challenge**

If you are willing, chose one thing you will commit to regarding Listening, Reading and/or Studying the Bible and share it with the group. This can be as simple or as grand as you are willing to commit to, but it should be something you are not doing already and something you believe you can do. Share this with the group.